Welcome & Introductions

Dick Flanigan: As the president of Cerner Health Services, Dick Flanigan focuses on leading Cerner’s ITWorks business unit, the company’s closest and most strategic client relationships through information technology. He helps these clients become the highest performing health systems in their communities and exemplars across the industry by accelerating their transformation to achieve their clinical, financial, operational and technical goals.

Dick is a graduate of Mount St. Mary’s University and has a bachelor’s degree in political science and economics. He has a master’s degree in administrative science from John’s Hopkins University.

Keynote Speaker

Dr. Gaskill is the Clinical Director at Sumner Mental Health Center in Wellington, KS. He was also the Children’s Services Coordinator for the Sumner Mental Health Center for over 20 years and has worked in community mental health for over 30 years. In his work with children, Dr. Gaskill has developed numerous programs for children and their parents including child development classes, parenting classes, child-parent relationship training, attachment enhancement treatment groups, therapeutic alternative schools, therapeutic preschools, after school programs, therapeutic preschools, and juvenile offender programs.
“Creating Resilient Workplaces”

Co-Presenting with Dr. Nancy Spangler

Objectives:

- Participants will understand how workplaces are providing resilience intervention and the outcomes they are experiencing
- Participants will experience examples of workplace resilience programming
- Attendees will learn about and participate in resilience-building skills.

Haley Akin, Senior Wellbeing Specialist, coordinates and implements well rounded well-being offerings to Garmin associates nationwide through strategic planning and alignment with company and program goals. This includes incentive based programs, annual onsite preventative care offerings, education & awareness and overall support to build associate resilience within various pillars of well-being. Haley collaborates internally and externally with Garmin business plans and integration. Haley received her bachelor’s degree in health promotion from Emporia State University. She holds multiple professional recognitions and certifications and is active in community-based programs.

“Grief: A Part of Everyone’s Life”

Objectives:

- Participants will acquire supportive tools in assisting those who are grieving in the workplace or a friend or a family member
- Participants will learn current grief theories as well as differences in grieving styles
- Participants will understand appropriate expectations of the grieving process

Clara Anderson Sainte, LCSW, LMSW is the Program Director with Gilda’s Club Kansas City (GCKC). GCKC offers a FREE Cancer Support Program for anyone impacted by any type of cancer throughout the entire experience. Clara previously worked for NorthCare Hospice as a social worker and bereavement specialist. Currently, Clara is the Vice Chair of Mental Health America of the Heartland and serves on the Missouri Cancer Consortium and Kansas Cancer Partnership. She previously served on the advisory board for the University of Kansas Camp Kesem. She is trained as a Certified Grief Recovery Specialist and an Open to Options Specialist.

“Demystifying Post-Traumatic Stress Disorder”

Objectives:

- Learn how to identify symptoms of trauma
- Gain insight into why traumatic reactions occur and persist
- Modify interactions with people experiencing trauma symptoms, and understand treatment options and resources.

Dr. Andrea Auxier is a licensed clinical psychologist and Vice President of Business Development for New Directions Behavioral Health. She is a recognized expert in integrated health care, has several publications in peer-reviewed journals and books, and has lectured on integrated care in various forums throughout the country. She holds a B.A. from Cornell University, an M.A. from New York University, and an M.A. and Ph.D. from the University of Massachusetts Boston. She completed her postgraduate work at the University of Miami Miller School of Medicine, Department of Psychiatry and Behavioral Sciences. As a native Spanish speaker, she has worked primarily with underserved, multicultural populations, with an emphasis on those affected by posttraumatic stress.
Elijah Buchholz, LCPC, LCAC has been a licensed mental health professional for the past 12 years in private practice and community mental health. Previously serving as a Director in the Missouri Department of Mental Health, he is currently a team leader and clinician at Johnson County Mental Health. Elijah has been providing trainings, seminars and conference presentations for the past 10 years.

Dr. Doug Burgess completed his undergraduate training at the University of Missouri in Columbia. He went on to Saint Louis University where he obtained his medical degree before accepting a psychiatric residency position at Duke University. He spent his last year there as Executive Chief Resident in Psychiatry before obtaining additional specialty training in addiction psychiatry as a fellow at the Medical University of South Carolina. He joined Truman Medical Centers as a staff psychiatrist in 2011 and became medical director of outpatient psychiatry in 2013. He is also an assistant professor of psychiatry at the University of Missouri-Kansas City where he is active in medical student and residency education. He enjoys all aspects of psychiatry and the challenge that comes with treating each patient individually. He has particular interest in medication assisted treatment of substance use disorders and motivational interviewing.

Dr. Heather Clark, PharmD is an intuitive coach, speaker, author, certified functional medicine specialist, and creator of The Burnout Cure. After her own recovery from severe burnout, she has helped many others recover quickly, safely and permanently. Dr. Clark awakened to her purpose when she realized that the root cause of burnout isn’t “just” stress - it is the stress of being someone you aren’t. Dr. Clark was a National Merit Scholar, earned her doctorate in pharmacy from the University of Iowa in 1997, was adjunct faculty at University of Missouri Kansas City, and has practiced in a variety of settings including community, long term care, consulting, and hospital clinical pharmacy. Clarity is her superpower; she helps creative, caring professionals shift their reality and powerfully create their desires.
“Grief and Loss in the Workplace”

Objectives:
- Understand the workplace impact of grief and loss
- Recognize the potential for loss and the signs of grief
- Prepare yourself, your colleagues and your company to respond with appropriate support

**Timothy Cole** is a Clinical Network Manager for New Directions Behavioral Health. As a Licensed Marital and Family Therapist in Missouri and Licensed Clinical Marriage and Family Therapist in Kansas, Timothy started his human services career during a four-year stay in rural Brazil. Since then, he has worked in inpatient and outpatient psychiatric treatment. His clinical experience spans child-welfare, community behavioral health, and private practice. He has experienced painful losses and helped others in their journey through grief. He enjoys time with his family and friends, travel, remodeling projects, playing sports, reading and volunteering in his community.

"How to Become a Trauma Informed Agency"

Panelist with Rachelle Huddleston and Jamie Wehmeyer

Objectives:
- Gain insights into what is needed to move the process forward
- Understand the value of becoming a more trauma informed system of care
- Learn about challenges to becoming a more trauma informed system of care
- Q & A on the issues that matter to you and your organization about this process

**PATRICIA A. DAVIS, LCSW, LCSW, IMH-III** serves as a program manager for Trauma Informed Care at Children’s Mercy Hospital and provides child and family therapy at Children’s Mercy Eating Disorders Clinic. Patty is a current co-chair of Trauma Matters KC, a coalition made up of over 90 Kansas City Metro organizations and individual providers dedicated to raising awareness about trauma sensitive practices. Patty serves on the executive committee for Resilient KC, a Robert Johnson Foundation Grant and community-wide effort to build a trauma aware and resilient community.

“Mental Health 101: The Journey of Beginning Treatment”

Objectives:
- What is therapy and would I benefit from it? During the workshop, each participant will explore the pros and cons of seeking mental health treatment.
- What makes a good therapist? Each person’s view of the world is unique thus not all therapists are right for every person. This workshop will explore how to select a therapist, the type of treatment offered, and define evidence based practice.
- Mental health care begins with each of us as it is a very personal journey. During the session, participants will be given tips, tools an advice on beginning and maintaining that personal journey.

**Grey Endres**. As a clinical social worker, Grey’s passion for helping families has made him an invaluable resource in Kansas City’s fostering and adoptive community as well as throughout the bi-state area. He is a renowned speaker in the topics of attachment, family systems, trauma & parenting. Grey is a Clinical Network Manager with New Directions Behavioral Health, and a co-founder of Life Works Family Treatment Group. In addition, he is an adjunct professor in the School of Social Work at the University of Missouri-Kansas City and Kansas University.
“A Journey to Wellness: Self-Care is Not an Option”

Objectives:
- Participants will leave with a basic yoga sequence that can be practiced in a chair, at home or work.
- Participants will be able to recognize signs and symptoms of depression in themselves and others.
- Participants will be given Action Steps for self-care and why it is necessary.

Susan Estes is the Director of Child and Youth Mental Health Initiatives at Mental Health America of the Heartland. Susan shares her own mental wellness journey with students and youth organizations, while encouraging them and providing resources for youth to address their own mental health. As a certified yoga instructor, she taps into her own experiences when speaking at conferences and provides numerous workshops on using yoga to relieve the symptoms of anxiety, depression and stress.

1. “Sleep Disorders and Mental Health”
   Objectives:
   - To understand the association between sleep disorders and mental health conditions.
   - To discuss the risk of work-related injuries and road traffic accidents due to hypersomnia.
   - To identify common sleep problems resulting in lack of sleep or daytime sleepiness.

2. “Chronic Pain: How it can Affect Workplace Performance”
   Objectives:
   - To understand the association between chronic pain and mental health conditions.
   - Treatment strategies for some common chronic pain conditions.

Dr. Muhammad Farhan, MD is the Medical Director of the University of Missouri-Kansas City multidisciplinary pain management program. He received his medical degree from Dow University of Health Sciences in Pakistan. He then completed his residency training in psychiatry at UMKC and completed a sleep medicine fellowship at Wayne State University in Detroit. Dr. Farhan completed his interventional pain management fellowship at the University of Southern California Keck School of Medicine. He is board-certified in Pain Management, as well as in Sleep Medicine and Psychiatry & Neurology. His medical interests include neuropathic pain, chronic regional pain syndrome, pain in multiple sclerosis, narcolepsy, circadian rhythm sleep disorders and effects of psychotropic and pain medications on sleep architecture.
Chelsea Harrington, LBSW, KU-LMSW Intern has served Wyandot Center’s Early Intervention Team through engagement with individuals and their family systems who are experiencing their first episode with psychosis. Through engagement with the Individual Resiliency Training, she has assisted individuals in identifying and utilizing their personal strengths and resilient qualities to move toward recovery. Mentoring young adults at the Youth Achievement Center, supervising and training volunteer mentors, and teaching ‘Love and Logic’ to educate and strengthen family support systems are additional roles she has held in the social work field.

“I have been a consumer of the Mental Health System since 1984. I attended and graduated from Northwest Missouri State University with a degree in Elementary Education. I became a speaker for the RESPECT Institute in 2014. Sharing my story of how mental illness has impacted my life, has freed me from the shame people with mental illness often experience due to the stigma associated with being diagnosed with a mental illness. I have also completed training to become a certified Missouri Peer Specialist, where I currently work part time as a peer educator at The Center for Behavioral Health, an acute inpatient psychiatric hospital. Here, I teach skills to the clients on how to manage their symptoms and live a productive and fulfilling life, despite their diagnosis.

Stella Hawley: I have been a consumer of the Mental Health System since 1984. I attended and graduated from Northwest Missouri State University with a degree in Elementary Education. I became a speaker for the RESPECT Institute in 2014. Sharing my story of how mental illness has impacted my life, has freed me from the shame people with mental illness often experience due to the stigma associated with being diagnosed with a mental illness. I have also completed training to become a certified Missouri Peer Specialist, where I currently work part time as a peer educator at The Center for Behavioral Health, an acute inpatient psychiatric hospital. Here, I teach skills to the clients on how to manage their symptoms and live a productive and fulfilling life, despite their diagnosis.

“Puberty or the Prodromal Phase: Detecting Early Psychosis”
Co-Presenting with Jennifer Krehbiel

Objectives:
- Identify differences between typical adolescent development and initial symptoms of psychosis
- Learn the distinction between presentation of symptoms in the prodromal phase versus a psychotic episode
- Understand the impact early identification and detection can have on overall prognosis and recovery

“Decreasing The Stigma One Story At A Time”
Co-Presenting with Mark Seals

Objectives:
- Attendees will hear personal stories of having a mental illness and how recovery and hope are possible
- Attendees will learn about how Respect and Recovery go hand in hand together and ways that respect can be shown or disrespect shown without knowing it.
- Attendees will have the opportunity to ask the speakers questions about mental illness, recovery or any other related questions. Attendees are encouraged to not worry about the political correctness of the question as this is their chance to learn directly from someone willing to answer and share.

“How to Become a Trauma Informed Agency”
Panelist with Patty Davis and Jamie Wehmeyer

Objectives:
- Gain insights into what is needed to move the process forward
- Understand the value of becoming a more trauma informed system of care
- Learn about challenges to becoming a more trauma informed system of care
- Q & A on the issues that matter to you and your organization about this process

Rachelle Huddleston LCP, PCC serves as Director of Organizational Development at Wyandot Inc. Rachelle, along with a number of her colleagues, is actively involved in Trauma Informed System of Care (TISC) training and staff development in the principles of TISC to create a trauma informed culture. Creating a hopeful community where all people feel welcome, connected, valued and safe.
Captain Darren Ivey was appointed to the Kansas City, Missouri Police Department in September 1992. He was promoted to Sergeant in October 2000 and Captain in September 2012. He has had numerous assignments including his current assignment as the Commander of the Office of Diversity Affairs.

Captain Ivey has also served as the Department’s Crisis Intervention Team (CIT) Commander since 2012 where he leads a well renowned program of over 500 trained CIT members. In partnership with Truman Medical Center’s Behavioral Health, Ivey led a team that developed and teaches a four hour block of training called “Building Resilience: Surviving Secondary Trauma.” This training helps address the occupational risks of secondary trauma and acute stress and since March 2015, over 1,400 people from over 150 different agencies have completed the course. Prior to becoming a Police Officer, Captain Ivey was a proud member of the United States Air Force (1983-1992) where he served in support of Operation Desert Storm.

Dr. Inderjeet Kaur was raised and graduated from medical school in India. After that she moved to the United States where she became involved with various volunteer research projects at MIND Institutes of University of CA Davis. Before joining the UMKC residency program, she worked part time as a mental health worker to explore the mental health system in the United States. She completed her post-graduation training in adult psychiatry from UMKC. After her residency training, due to her passion in teaching, she joined as a faculty member at Truman Medical Center to be involved with teaching the medical students and residents. She is currently an Assistant Professor at the Department of Psychiatry at the UMKC-School of Medicine and also a Medical Student Clerkship Director for Psychiatry. She is a Board Certified Psychiatrist and currently working in an outpatient setting at TMC where she is providing management to individuals who have a variety of different mental health diagnoses and dual diagnoses. Her area of interest is mood disorders and working toward the creation of a treatment resistance depression clinic.

“Depression: Understanding it and Getting Help”

Objectives:
- Understand the statistics of depression and how it can impact families and society
- How to recognize and intervene when a friend/family member/co-worker is exhibiting symptoms of depression
- Understand the management of depression including new modalities and identifying successful strategies.
Jennifer Krehbiel, LPC serves as the Early Intervention Team Leader and Family Clinician for the First Episode Psychosis program at the Wyandot Center. Through coordination with the agency and greater community, she seeks to inform individuals on the importance of early detection and connection along with focus on Family Education and Individual Resiliency Training. Over the past 9 years in the mental health field, her roles have also included case management, individual and group therapy, and supervision over a strengths-model case management team primarily serving adults with severe, persistent mental illness.

Dr. Jim Lemons received his doctorate in counseling psychology from the University of Nebraska and has been a pioneer in the field of pain management. Serving on the staff of the Mayo Clinic was the beginning of his work in the area of medical psychology. Dr. Lemons is a Kansas licensed psychologist and on the National Registry of Health Providers in Psychology. He also holds memberships in the American Academy of Pain Management, the American Pain Society and its affiliate, the Midwest Pain Society. Dr. Lemons firmly believes that "effective care for people with medical problems requires optimal use of their physical, mental, emotional and spiritual resources". Dr. Lemons is the recipient of the American Academy of Pain Management's 2015 Continuing Education Excellence Award. This award recognizes the demonstration of his commitment to the field of pain management.
“Suicide Awareness: Signs, Symptoms and Interventions”
Co-Presenting with Bonnie Swade

Objectives:
- Recognizing the signs and symptoms of suicide
- How to ask the question, “Are you thinking about suicide?”
- Introduction and examples of suicide intervention skills

Jennifer Levinson, M.S., Ed is an accomplished Challenging Behaviors and Mental Health Educator in a variety of professional education settings and venues. Her vision is to put her passion for increased mental health literacy and decrease of the stigma associated with mental illness to life and into action via advocacy, awareness, education, prevention and training for members of our community which may include youth and adults. Targeted areas may include addiction and substance abuse, suicide, self harm, other high-risk behaviors, and trauma informed care.

“QPR-Question, Persuade, Refer—Suicide Awareness: Signs, Symptoms & Interventions”

Objectives:
- Recognize the warning signs of suicide
- Know how to offer help
- Know how to get help and save a life

Debbie Lidzy earned a Master of Arts degree in Counseling Psychology from the University of Saint Mary. She is clinically licensed in both Missouri and Kansas as a Professional Counselor. Her career has allowed her to work with individuals struggling with a substance use disorder and/or a serious and persistent mental illness. Debbie currently works in Crisis. She has basic and advanced training in suicide prevention from the QPR Institute. She also has a Crisis Worker Certification from the American Association of Suicidology.

“Older Adults: Recognizing Mental Illness”

Objectives:
- Learn about the various mental illnesses prevalent in the Older Adult population
- Learn about the impact of mental illness in the Older Adult population on self and others
- Learn about the various treatment options available for management and overcoming barriers to treatment

Dr. Bini Moorthy, MD is a psychiatrist who works for Truman Behavioral Health outpatient clinic. She primarily sees patients who are 18 and above and has a special interest in the Older Adult population. She is also involved in teaching and training of psychiatry residents. Dr. Moorthy has been in the field for 13 years.
Leon R. Probasco, LCSW, LSCSW, BCD, SAP

Leon Probasco is a Licensed Clinical Social Worker in Missouri and Kansas. Leon has earned national Board Certified Diplomate credentials and is a Certified Employee Assistance Professional (CEAP). Leon specializes in adults, family, marital relationships and substance abuse.

Rance Quinn is a Captain with the Kansas City, Kansas Police Department. He is currently the Communications Unit Commander and has commanded the Police Academy, Records/Technology Unit and Patrol Units. His career with Kansas City, Kansas started in 1994 and he has worked in Patrol, the Motorcycle Unit, and Midwest HIDTA (High Intensity Drug Traffic Areas) task force. As a Detective he served in Property Crimes, Financial Crimes, Major Case (Homicide) and Internal Affairs before being promoted to Captain in 2010. Captain Quinn instructs a wide variety of topics including Active Shooter Response, Crisis Intervention Team training and Mental Health First Aid. He is the department’s CIT Coordinator and works closely with Wyandot Inc. to put forth the CIT program within our community. He possesses a Bachelor’s Degree from Mid America Nazarene University majoring in Management and Human Relations and obtained the Certified Public Manager status through the University of Kansas Public Management Center. He is a graduate of the Law Enforcement Leadership Academy Command School and Wyandotte County’s own Leadership 2000.

“Evolving Models of Integrated Behavioral Health Collaboration with Primary Care.”

Objectives:
- Learn about Behavioral Health collaboration and integration with primary care, including the reasons for integration, framework of evolving models, foundational strategies, and targeted tactics.
- Learn about the menu of options for Behavioral Health integration, including case Management for mental health conditions, primary care behaviorist model (including “warm handoffs”), lifestyle health behavior change, and management of chronic medical conditions.

CIT Officers
Secondary Trauma

Co-Presenting with Captain Darren Ivey

Objectives for CIT Officers Section:
- What is a CIT Officer
- How do they work within the community
- An example of positive interactions with the community

Objectives for Secondary Trauma Section:
- What is Secondary Trauma?
- What education/programs are being provided to first responders and caregivers and why it is so important.
- Complete at least one short self-care exercise
Dr. Deepak Rajpoot, MD joined New Directions Behavioral Health as Medical Director in 2016. He completed his medical training from Ross University and his residency training in psychiatry from the University of Kansas Medical Center. Dr. Rajpoot most recently worked as staff psychiatrist with St. Luke's Hospital. He has research experience in schizophrenia, working with Dr. Carver at the University of Missouri-Kansas City (UMKC). He also taught a pharmacology course in psychotropic medication to KU medical students. Dr. Rajpoot lives in Kansas City and enjoys spending time with his family.

Dr. Deepak Rajpoot, MD joined New Directions Behavioral Health as Medical Director in 2016. He completed his medical training from Ross University and his residency training in psychiatry from the University of Kansas Medical Center. Dr. Rajpoot most recently worked as staff psychiatrist with St. Luke's Hospital. He has research experience in schizophrenia, working with Dr. Carver at the University of Missouri-Kansas City (UMKC). He also taught a pharmacology course in psychotropic medication to KU medical students. Dr. Rajpoot lives in Kansas City and enjoys spending time with his family.

1. “Addressing the Opioid Epidemic: A KC Perspective”
   Objectives:
   - Learn the history of opioid epidemic national and locally
   - Understand the challenges and opportunities for resources and outreach
   - Gain awareness and basic understanding of treatment options, including MAT

2. “Local Laws and Policies and their Effect on the Mental Health Field”
   #2 Co-Presenting with Noreen Vergara
   Objectives:
   - Gain an understanding of local laws and policies affecting mental health treatment
   - Appreciate the challenges facing lawyers, practitioners, payers and policy-makers in order to successfully work in the mental health field.
   - Gain insight into possible scenarios, for the future.

Dr. Deepak Rajpoot, MD joined New Directions Behavioral Health as Medical Director in 2016. He completed his medical training from Ross University and his residency training in psychiatry from the University of Kansas Medical Center. Dr. Rajpoot most recently worked as staff psychiatrist with St. Luke's Hospital. He has research experience in schizophrenia, working with Dr. Carver at the University of Missouri-Kansas City (UMKC). He also taught a pharmacology course in psychotropic medication to KU medical students. Dr. Rajpoot lives in Kansas City and enjoys spending time with his family.

Mark Seals

“Decreasing The Stigma One Story At A Time”
   Co-Presenting with Stella Hawley
   Objectives:
   - Attendees will hear personal stories of having a mental illness and how recovery and hope are possible
   - Attendees will learn about how Respect and Recovery go hand in hand together and ways that respect can be shown or disrespect shown without knowing it.
   - Attendees will have the opportunity to ask the speakers questions about mental illness, recovery or any other related questions. Attendees are encouraged to not worry about the political correctness of the question as this is their chance to learn directly from someone willing to answer and share.

John Shuchart is on a mission to end the horrific stigma associated with mental illness, suicides and addictions. From the emotional abuse John experienced as a child, to his life-threatening accidents, addiction to prescription painkillers and planned suicide, he has experienced enough “punishment” for ten lifetimes. Yet, his use of humor to reframe the traumatic events of his life and fight the stigma attached to mental illness, has not only saved his life, it is inspiring readers and audiences everywhere. His new book is sold only through nonprofits who receive 30% of the book’s proceeds.
“Mental Health Public Policy and Advocacy in Kansas and Missouri”

Co-Presenting with Colin Thomasset

Objectives:
- Participants will gain a better understanding of the legislature, along with how global issues impact their lives
- Participants will learn about healthcare and mental health policy and legislation
- Participants will learn how they can get involved and advocate for change

Misty Snodgrass has spent her entire professional career working in health policy. She has been involved in public policy in the Missouri General Assembly where she served as the Legislative Director to the Speaker of the Missouri House of Representatives, and the Majority Caucus Policy Director for the President Pro Tem of the Senate. Additionally, Misty served as the Legislative Director in the U.S. House of Representatives.

She worked as Director of Government Relations for the American Cancer Society for five years, and is currently the Director of Public Policy for the Missouri Coalition for Community Behavioral Healthcare.

Misty graduated with a Bachelor of Arts degree in Political Science and a Bachelor of Journalism from the University of Missouri and graduated with her Masters in Public Affairs from the University of Missouri.

“Creating Resilient Workplaces”

Co-Presenting with Haley Akin

Objectives:
- Participants will understand how workplaces are providing resilience intervention and the outcomes they are experiencing
- Participants will experience examples of workplace resilience programming
- Attendees will learn about and participate in resilience-building skills.

Dr. Nancy Spangler has extensive experience in developing workplace health and organizational change strategies, including nine years with Kansas City's Saint Luke's Health System and over 20 years with her own consulting firm, Spangler Associates, Inc. Nancy works as external consultant to the American Psychiatric Foundation's Partnership for Workplace Mental Health, as well as digital education pioneer, MeQuilibrium, to promote innovative and effective approaches to addressing workplace mental health. She has a PhD in therapeutic science and BS and MS degrees in occupational therapy from the University of Kansas.
1. “Orange is the New Black: Data-Driven Strategies for Improving the Lives of Justice-Involved Populations”

- Objectives:
  - To share a future vision where health care and justice systems collaborate to improve individual and community outcomes
  - To demonstrate opportunities for using data to measure outcomes and drive performance improvement
  - To identify similarities between criminal justice and health care (e.g. settings, populations, treatment methodologies, data)

2. “Why Cerner is creating a sustainable MHFA training program (and why your company should too)”

- Objectives:
  - To share considerations for organizations interested in implementing a MHFA program
  - To share details of Cerner’s approach to operationalizing an in-house MHFA training program for associates
  - To provide Cerner’s rational for creating a sustainable MHFA training program for our associate base

**William Stadler, PhD,** is the Director for Behavioral Health at Cerner Corporation. He has executive responsibility for defining Cerner’s approach to supporting behavioral health, including the creation and strategic development of Cerner content, capabilities, and intelligent technology solutions related to mental health, substance use disorder, and developmental disability care delivery. Dr. Stadler joined Cerner in 2012 as a Solution Designer for the Rehabilitation and Behavioral Health team after his previous position on faculty at the University of Missouri - Kansas City. Will has extensive quantitative and qualitative research experience with at-risk and underserved populations primarily involved with behavioral health and criminal justice systems and has worked closely with organizations which deliver behavioral health services in forensic and community-based settings.

**Bonnie Swade** has a Master’s Degree and is currently retired. She has taught English and been a school counselor in the Olathe School District. She lost a son to suicide in 2003 and wanted to make something positive come out of her son’s death. She got trained and is a co-facilitator for a suicide support group that meets in Shawnee Mission twice a month for the past twelve years. In addition, Bonnie and her husband started a non-profit organization called SASS Mo-Kan (Suicide Awareness Survivor Support). This organization puts on a yearly walk, Holiday Memorial Service, and a Day of Healing. She has also made several presentations to area schools and organizations and has been trained in QPR and ASSIST. Bonnie served as a member of the Kansas suicide subcommittee and received awards from NAMI, Women of Worth Award, and the Buck O’Neal Award for her work in suicide education.

“Suicide Awareness: Signs, Symptoms and Interventions”

Co-Presenting with Jennifer Levinson

- Objectives:
  - Recognizing the signs and symptoms of suicide
  - How to ask the question, “Are you thinking about suicide?”
  - Introduction and examples of suicide intervention skills
Colin Thomasset is the Associate Director for the Association of Community Mental Health Centers of Kansas where he heads up public policy efforts at the State and National level for the Association. Colin has a background in public health and statistical programming and has worked previously for the American Academy of Family Physicians as well as the Kansas Foundation for Medical Care.

Noreen Vergara joined New Directions as general counsel in 2012. In 2016 she was promoted to general counsel and chief HR executive. Prior to New Directions, Vergara served as Legal Counsel and Model Laws Coordinator for the National Association of Insurance Commissioners. Born and raised in Kansas City, MO, Noreen has a BA from Rockhurst in psychology and a law degree from St. Louis University. She lives in Shawnee, where she keeps busy with three daughters.

Jamie Wehmeyer is a Licensed Clinical Social Worker and has been at Tri County for the last 9 years. She is the Director of Assessment and Youth CPRP Services and in her role oversees Crisis Services, the Intake Department and Youth Services. Prior to Tri County she worked for 12 years in a women and children’s substance abuse program. She is the team lead for Tri County’s Trauma Informed Care team. She believes that in order to build a trauma informed culture, you must build staff’s resiliency.
Workplace Wellness Panel

Within this session, we will have employers that can speak to what their organization is doing to promote employee wellness. This is beyond offering an EAP program. Discussion regarding current trends and best practices that each organization has put in place that is creating an environment that is both aware of their employee’s needs regarding mental health and one that is trauma informed.

Additionally, panelists will speak about any other health and wellness activities or initiatives that have been embraced by their employees.